

This space is relaxed and confidential, you choose what you want to share

It's non-judgmental, there are no rights or wrongs, and the session is not recorded

Mentoring is a personal practice, ideas are offered

Feel free to react, discuss, asks questions in the Chat panel as we go along

I will give you a copy of these slides in your Welcome Pack once you are matched.

today is a welcome, orientation, introduction

start some conversations

try on the style, and ideas

leave you in no doubt what next, and how to get started



1:1 personalised, and co-created approach

Adds a new, complementary, relationship

Confidential, boundaried, structured

Access to contextualised rather than abstract knowledge

# aims for the FLF Leadership Mentoring programme: your surveys said...

Support mentees' ability to navigate challenges and barriers to progress

Enhance mentee's leadership awareness, and develop a contextualised leadership practice

Build personal-professional networks across organisational cultures

Develop coaching and mentoring skills for all participants

The skills will be useful to you in supporting your work with other colleagues, teams, and partners



thinking of mentoring as a distinct pedagogy - or, set of pedagogies, based on a Humanist educational philosophy (Rogers 1964), and person-centred learning, which assumes capacity for growth, and trusts the learner to make decisions for themselves.

### FLF Leadership Mentoring principles

mentee-led programme

mentee sets their own specific goals space for new ideas, exploration, and testing

partnerships reciprocity and cocreation

development not evaluation quality of the conversation

not a superficial process



# WHAT DO MENTORS DO?



learning is more meaningful when reflected on in context

a mentor can support reflection, and learning through dialogue

mentors hold the reflective and sense-making spaces

# A MENTORING CONVERSATION

SMALLER PART
Advice. sharing
stories and
experience, insider
knowledge and tips

about the mentor

TENTOR! TERSAT LARGER PART
Coaching. to help
the mentee find
their own way
through reflection

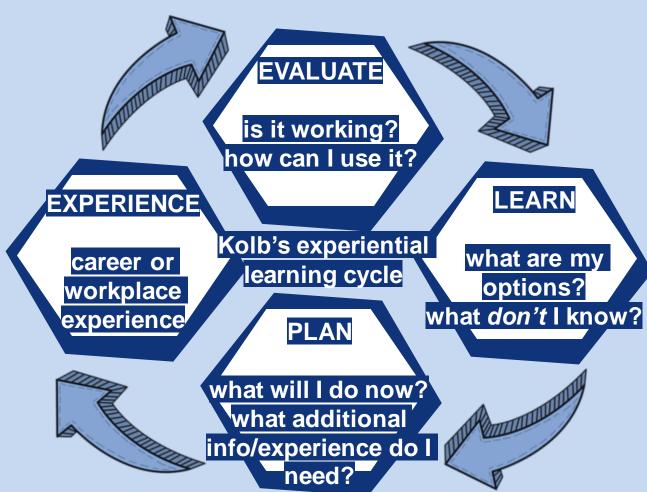
about the mentee

### 10-minute mentoring

### Person

A talks about a problem or situation that they have not yet resolved/got an answer for...

Person B may ask questions, listen and help A explore... BUT B cannot offer advice, tell A what to do or give solutions



where was your partner in the reflective cycle?

did they need to think out loud?

or to make sense of experiences?

or to develop a plan?

or to act on that plan?

# the pros and cons of advice: short chat

### pros of advice – ask the experts

It's quicker

When it fulfills expectations

It makes you feel like you had something tangible to offer and makes the mentee feel grateful and they value your time and wisdom

Your suggestion might be insightful / right / they had a real knowledge gap / might stop the mentee from making a mistake, wasting time or getting into a difficult situation.



### cons of advice – ask the experts

We don't know as much about the mentee's life as they do.

Listening to your suggestion halts the thinking process.

Dependency-like relationship, maintains power dynamic and mentee can devolve responsibility / ownership to you.

Overwhelmed with advice.

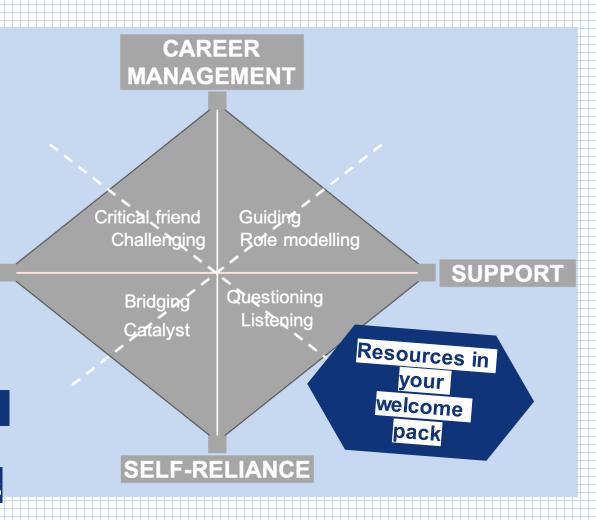
Works in opposition to the idea of co-creating.

# WHAT DO MENTORS DO?

Good mentoring should not rely solely on advice or guidance.

CHALLENGE

We aim for a repertoire of mentoring, which includes lots of learning methods



### which strategy to use... depends on...

individual preferences context objectives permission timing relationship

a mentor with a range of skills will serve you far better than one who relies only on advice



## LEADERSHIP MENTORING

PROGRAMME FLOW















EXPRESSION OF INTEREST FORM 2

90MIN WELCOME WORKSHOP 3

MATCHING PROFILE

MATCHES ANNOUNCED PROGRAMME LAUNCHES

MEET 3 TIMES IN A 6-MONTH PROGRAMME who would you like to work with now you know what you know?

role model, listener, sounding board, facilitator, guidance, champion, sponsor, catalyst, bridge...?

Your Profile Form coming your way...

### what happens next: profile forms

your opportunity to specify your aims, style, and who you'd like to work with

will be seen by the matching team, and your mentoring match as an intro

blank, or pre-populated

### what's in your welcome pack!

- 1. Slides from this Welcome Workshop
- 2. Mentoring Agreement: a template for discussing and agreeing expectations and goals
- 3. 5min videos: change and transitions + keeping the conversation flowing
- 4. Book Chapter: 20 Developing Leadership Capabilities
- 5. 5min reads on good mentoring practice:

  a repertoire beyond advice
  listening deeply
  asking insightful questions
  - giving feedback

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# MENTORING





1

TAILORED LEADERSHIP MENTORING



2

TASK AND FINISH MENTORING TRIADS



3

PEER MENTORING COMMUNITY



4

ONLINE LEARNING
PATHWAY:
HOW TO CHOOSE
AND RECRUIT A
MENTOR